

# Cross-sectional survey on patient understanding/opinions regarding sustainability

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## Introduction

- NHS aims for “Net Zero” greenhouse gas emissions by 2045<sup>5</sup>.
- AHPs have a key role in promoting environmental sustainability.
- To do this, patients’ current perception of sustainability must be well-understood.



**Aim** Assess **a**) patients’ awareness of the newly launched low-carbon emission menu, **b**) patients’ familiarity and level of engagement with sustainability.

## Method



**2) Development of cross-sectional survey**

**1) Development and launch of 3-week cycle menu**



**3) Screening of patients against inclusion/exclusion criteria**

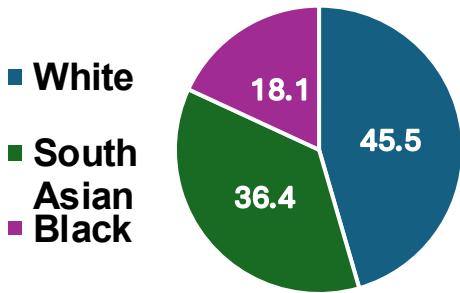
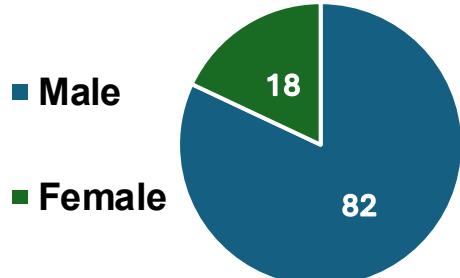


**4) Oral delivery of survey**

# Results

## Demographics

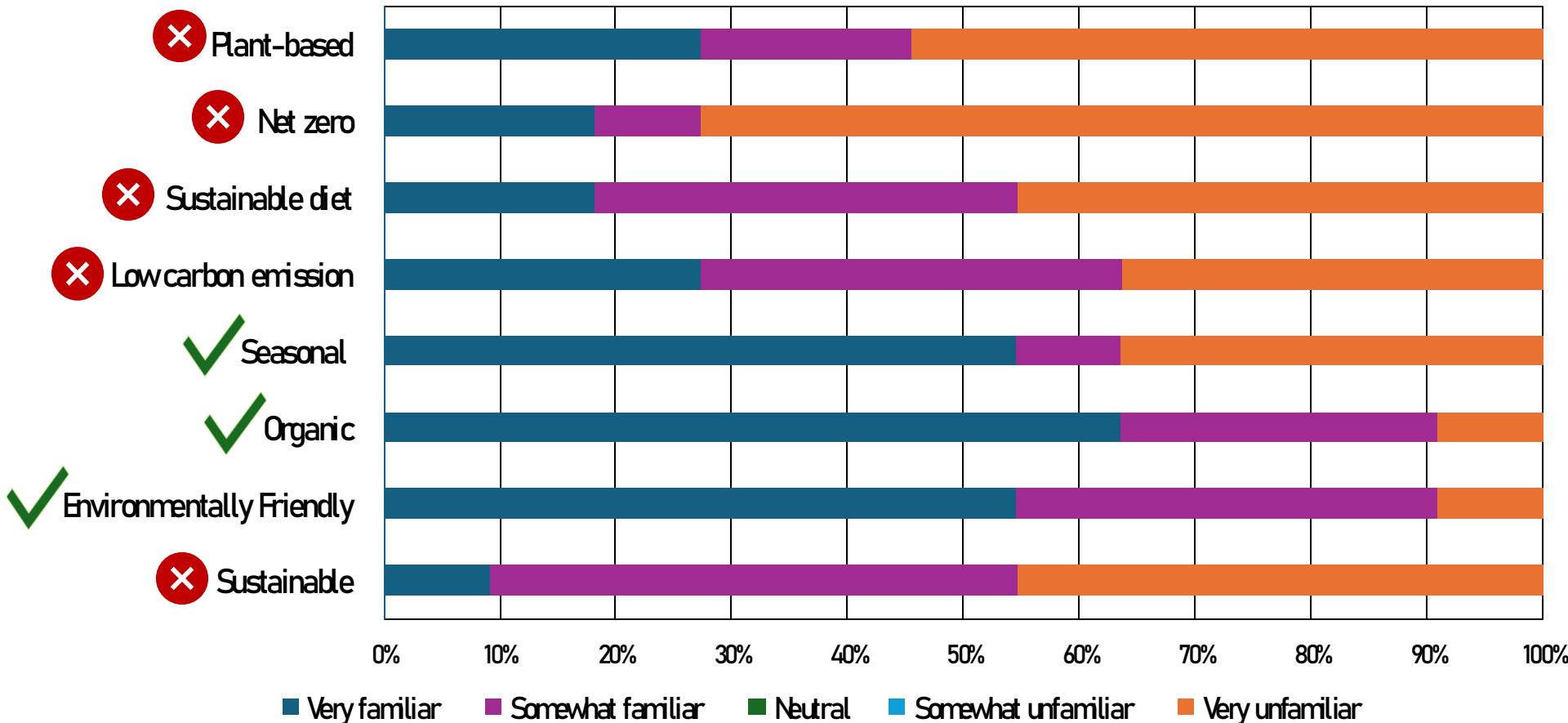
11/16 patients recruited



Awareness of Menu – **81.8%** not aware that menu was environmentally friendly

Passionate About the Environment - **27.3%** somewhat to very passionate

## Understanding of Terminology



# Discussion



- Small sample size, male majority
- Patient demographic – adults living with highly complex/poorly managed HIV, homeless, drug/alcohol detoxing
- Limited applicability to larger hospitals
- Social desirability bias



- Ethnically diverse
- Limited order effects bias



## Conclusion

**Survey highlights the need for targeted patient education and promotional materials when launching a new complete low-carbon emission menu.**